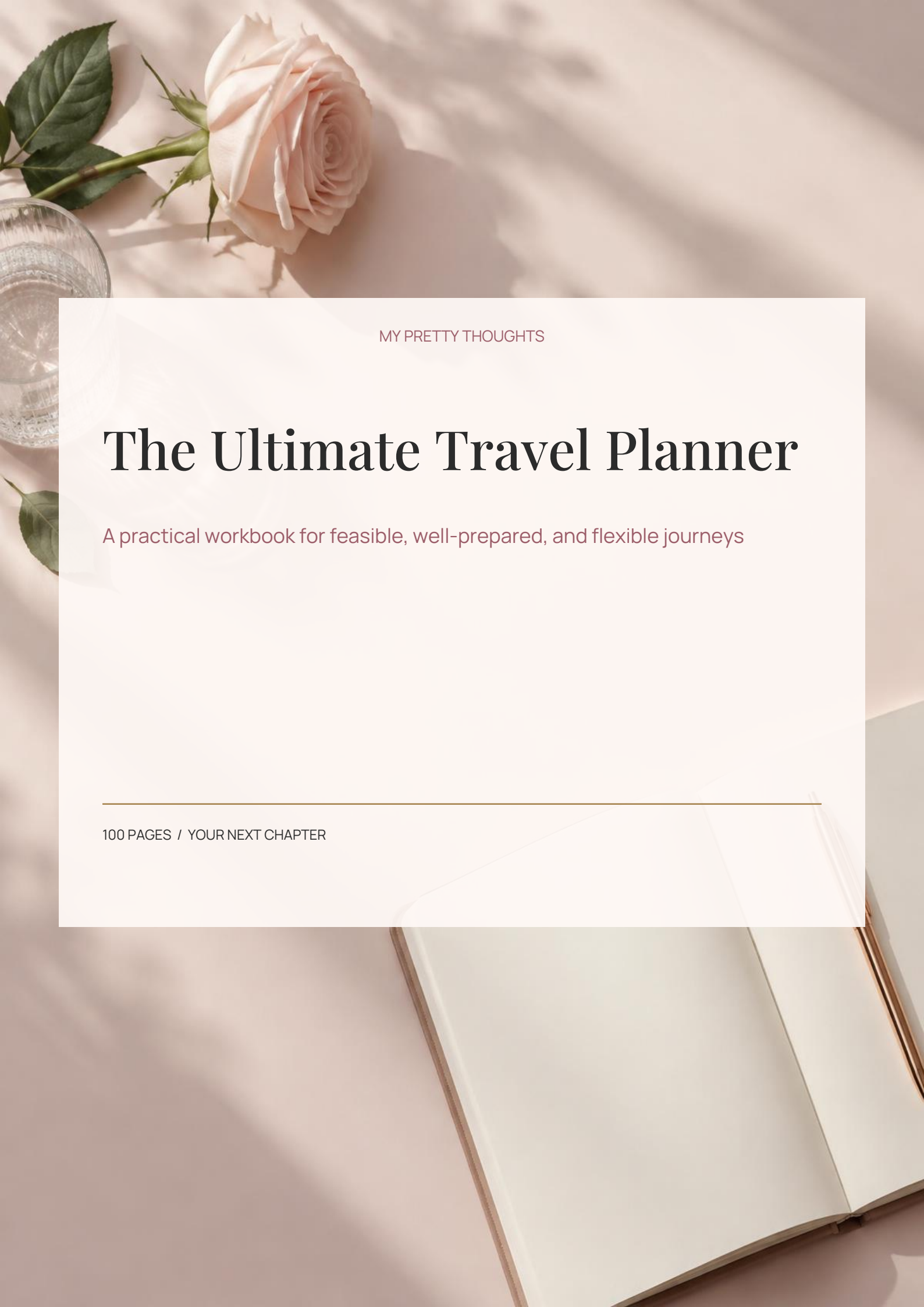




MY PRETTY THOUGHTS

The Ultimate Travel Planner

A practical workbook for feasible, well-prepared, and flexible journeys

100 PAGES / YOUR NEXT CHAPTER

A little structure. A fresh start.

Turn a travel idea into a workable journey through 14 planning modules. Each module provides seven distinct workbook pages: a lesson, checklist, action plan, comparison worksheet, reflection, seven-day tracker, and review. With a cover and contents page, the workbook totals 100 pages. Use the trackers during a focused planning week or repeat them when circumstances change. Record sources, dates, and unresolved questions rather than treating assumptions as confirmed arrangements.

01 1. Test Destination Feasibility	3
02 2. Verify Entry and Transit Requirements	10
03 3. Build a Complete Travel Budget	17
04 4. Book Transport with Clear Conditions	24
05 5. Choose Lodging That Fits the Trip	31
06 6. Design a Flexible Itinerary	38
07 7. Confirm Accessibility and Support	45
08 8. Pack for the Actual Journey	52
09 9. Organize Documents, Money, and Connectivity	59
10 10. Protect Health and Wellbeing	66
11 11. Navigate Local Transport	73
12 12. Prepare for Safety and Emergencies	80
13 13. Make More Sustainable Travel Choices	87
14 14. Plan the Return and Close the Trip	94

This workbook offers general planning information, not legal, immigration, medical, financial, or security advice. Entry requirements, transport rules, prices, health guidance, and local conditions can change. Verify requirements with relevant government authorities and providers for your nationality, residence, route, and circumstances. Consult qualified professionals where needed. Accessibility and insurance coverage must be confirmed individually; no plan can remove every travel risk.

THE GUIDE

1. Test Destination Feasibility

Start with whether a trip can work, not whether a destination photographs well. Write your purpose, available dates, maximum travel time, spending limit, and non-negotiable needs. Consider who is traveling and what each person requires to participate comfortably. Compare the full journey, including connections, arrival times, local transfers, and recovery time, rather than flight duration alone. Check seasonal conditions, major closures, and official travel advice using current sources. Distinguish a preference from a constraint: a sea view may be optional, while step-free access or a particular medication may not be. Identify the largest uncertainty for each destination and investigate it before paying deposits. Build a smaller or closer alternative in case the original plan proves impractical. Avoid assuming that a popular destination is suitable for every traveler. A feasible choice is one that fits your resources and needs with enough margin for delays, fatigue, and ordinary changes, not one that only works if every connection and estimate is perfect.

What matters most to you here?

YOUR CHECKLIST

1. Test Destination Feasibility

Start with what fits your situation. Mark each item when it is complete.

- ☐ State the trip's main purpose.
- ☐ Record available dates and maximum duration.
- ☐ Set an initial total spending limit.
- ☐ List every traveler's non-negotiable needs.
- ☐ Check current seasonal and travel-advice information.
- ☐ Identify one realistic backup destination.

Anything else to check?

MAKE A PLAN

1. Test Destination Feasibility

01 Create a shortlist of no more than three destinations.

My next step / who can help / target date

02 Estimate door-to-door travel time for each option.

My next step / who can help / target date

03 Investigate the largest feasibility concern for each.

My next step / who can help / target date

04 Select a preferred option and a clear fallback.

My next step / who can help / target date
