



MY PRETTY THOUGHTS

100 Text Messages That Drive Him Crazy

Curiosity, connection & mutual interest

100 PAGES / YOUR NEXT CHAPTER

A little structure. A fresh start.

Connection grows through genuine interest, not perfect wording. This workbook helps you communicate warmly while protecting your time, boundaries, and self-respect. The title is playful: no message can or should control another person's feelings. Use these 100 original texts as starting points, adapting them to your voice and the level of familiarity you share. They assume an age-appropriate connection between consenting peers. Send one relevant message, then leave room for an unpressured response. The 100-page layout consists of a cover, a contents page, and 14 modules with seven pages each: lesson, checklist, actions, comparisons, prompts, tracker, and review.

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This workbook offers general communication education, not therapy or a guarantee of attraction. Flirting requires context, mutual interest, and respect. Do not use romantic messages in inappropriate age, professional, or power-difference situations. A refusal, request for space, block, or clear disengagement means stop romantic pursuit. No response is not permission to keep messaging. If contact feels threatening or controlling, prioritize safety and seek trusted support.

THE GUIDE

1. Start With Genuine Curiosity

A good opening creates room for a real person, not a performance. Begin with something you genuinely noticed: a shared conversation, a hobby he mentioned, or an experience you both enjoyed. Ask one answerable question rather than several stacked together. Specific curiosity usually feels easier to respond to than a demand to be interesting. Keep your message proportionate to how well you know each other. Someone you met yesterday does not need your entire relationship history, and you do not need theirs. Before sending, ask whether you would still feel comfortable with the message if the reply were brief or absent. If not, simplify it. Avoid using questions as hidden tests of compatibility or loyalty. Share a small detail about yourself when it helps make the exchange reciprocal. Then put your phone down and return to your day. An opening is an invitation to connect, not an assignment the other person must complete.

Texts to make your own

- 001 You mentioned a favorite little bookstore. What makes it your favorite?
- 002 I enjoyed our conversation. What was the highlight of your day?
- 003 Your hiking story stayed with me. Are you more about the view or the snacks?
- 004 I finally tried that song you recommended. What should I listen to next?
- 005 You seem genuinely curious about things. What are you learning lately?
- 006 Our coffee debate needs one more detail: hot, iced, or entirely weather-dependent?
- 007 I liked hearing about your project. What part are you enjoying most?
- 008 What's one ordinary thing that reliably makes your day better?

YOUR CHECKLIST

1. Start With Genuine Curiosity

Start with what fits your situation. Mark each item when it is complete.

- ☐ Name one genuine reason you want to talk.
- ☐ Choose a detail he voluntarily shared.
- ☐ Ask only one opening question.
- ☐ Remove assumptions about his feelings.
- ☐ Keep personal disclosures proportionate to familiarity.
- ☐ Plan something offline after sending.

Anything else to check?

MAKE A PLAN

1. Start With Genuine Curiosity

01 Write three details you remember from your last interaction.

My next step / who can help / target date

02 Choose the detail you are most honestly curious about.

My next step / who can help / target date

03 Draft a two-sentence opening with one question.

My next step / who can help / target date

04 Read it once for clarity, send if appropriate, and close the app.

My next step / who can help / target date
